

The nicest thing about today was:

A person was nice to me, I got to eat..., my teacher said I did something well, I laughed about..., I saw a...

These are 3 reasons why I love you:

You give me hugs, you make me feel special, you encourage me, you make me feel happy, I love hearing your voice, you are my favorite person in the world. (you can draw pictures to!)

1
2
3

My favorite sport activity is:

I like playing rugby, chase at school, running, I can sprint fast, hockey, rounders, basketball, walking...

These are my goals for being the 'Best I can Be':

I am going to be kind to animals. Be helpful. Be nice to someone & be kind. Try my best at school. Brush my teeth in the morning and before bed. Learn to spell a new word every day. Practice sprinting as fast as I can.

I Love you Always

You can add extra kind words or draw more pictures here!