

Freestyle Note: Kia ora whanau – use this space to write a message, let your loved one know why you thought they'd be interested in this information:

Legend at Rugby Union? What about as a career?



New Zealand Sports Academy harnesses the natural talent of young rugby players in a cultural environment that encourages every player to realise their potential, both on and off the rugby field

Whether you're interested in a career in rugby, or simply want to develop your game, our rugby union course is designed for all. The Sports Development Programme and Culture & Life Skills Programme is supported by our charitable trust, TeKaihanga Sports Trust.

What do the courses cover?

The New Zealand Sports Academy Rugby Union course offers full-time career and rugby development coaching opportunities for young New Zealanders.

The Rugby Development & Culture course has four core strands:

Professional Rugby Coaching & Training

You will receive coaching on the latest techniques, team attack and defence, individual position training and ball skills, and physical testing (which is recorded and monitored throughout the year). All our students benefit from specialist fitness and speed training, individual performance SWOTs, a personal weights programme and rugby psychology and motivation training.

Live Domestic Rugby Competition

Our students all take part in live, local rugby competitions, benefitting from regular planning, game-time and analysis. Students immerse themselves in local club rugby competitions, as well as other invitationals throughout the year.

Cultural Awareness & Tikanga

New Zealand Sports Academy students learn the importance of mana through marae tikanga (customs), mahi kai, tereo, learning waiata, haka and history, and cultural exchanges with international students (manaakitanga).

Mentoring & Personal Development

As a New Zealand Sports Academy student you will receive mentoring from All Blacks, and Māori All Blacks players. To prepare you for life as a professional player, you'll also receive training in sports psychology, media skills and understanding player contracts. We'll teach you valuable life skills, such as discipline, goal-setting and interpersonal communication. In addition to this, you'll take part in team-building activities, New Zealand Sports Academy team competition and fundraising activities. You will also be involved in mentoring and coaching rangatahi (youth).

The Rugby Union Career Programme

The Rugby Union Career programme is a year-long Rugby Union Career programme which incorporates the NZQA-accredited National Certificate in Sports Leadership Level 4, which is generally delivered in the afternoon time slot.

Eligibility: Entry is for students aged from 17 upwards, who hold a New Zealand birth certificate or New Zealand passport and demonstrate commitment to sport and fitness. A personal interview is required.

Full Course Fee: Course fees are set by Te Wananga o Aotearoa, which was \$1,260.40 in 2017. All fees must be paid before the course starts.

Student Allowances and Loans

You may qualify for a student loan which allows you to borrow money to finance the cost of the course. Apply early to ensure that you start receiving your allowance or loan when the course starts. Visit www.studylink.govt.nz for more information. A Student Emergency Fund is available for students who have financial difficulty at some point that affects their studies. (Tip – this may apply to you if your parent is an Opal & it affects you financially)



Would you like to find out more info?

Go to their website: www.nzsportsacademy.co.nz

PO Box 5146,

Rotorua West, 3015

Phone: 07 345 7733

Email: info@nzsportsacademy.co.nz