

Hi \_\_\_\_\_ (6-8)

I drew this picture of you and me playing at the park together.

**There are different job opportunities available to me once I'm sentenced. These are some of the options I can choose from:**

Learning to cook, sewing, painting, working in Distribution (logistics), engineering, dog-training, building, laundry, horticulture & grounds etc.  
Tell your child what might interest you & why.




**I'm still feeling homesick & I'm missing you so much, but I'm beginning to look forward to learning new skills that will make you proud of me.**

Share your dreams & hopes for both of your futures. If you have a long or really-long sentence ahead of you - don't be too down-hearted my friend, because you **can & will** be a good parent from inside.

**These are my goals for the next week:**

Think & pray for you every-day, keep myself positive, write in my diary everyday. Try to eat healthily & get some exercise, Find a good book to read...

# I Love you Always



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Can you draw your mum or dad a picture of a funny looking fish to make them laugh?

